

MOTHERS' MENTAL HEALTH NEGATIVELY IMPACTED DURING THE PANDEMIC

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How are various aspects of a person's identity related to anxiety and depression following the pandemic?

Demographic and life circumstances can affect the distress people felt during the pandemic.

Women and gender nonconforming parents experienced more anxiety and depression during the pandemic than other people.



Women and gender nonconforming people experienced more anxiety and depression during the pandemic than men.

Mothers and gender nonconforming parents may need additional supports for mental health services following the pandemic.



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