

Need mental health support?

FREE TAXI SERVICE FOR YOUTH



If you are:

- looking for mental health support
- a transitional aged youth*
- living in north Middlesex (includes areas of Lucan, Parkhill, Strathroy-Caradoc, Exeter)

Access **FREE** Taxi services from home to our 24/7 Mental Health and Addictions Crisis Centre (648 Huron Street, London) and back.

Drivers are trained to provide safe and comfortable transportation.

Reach Out 24/7 for crisis support and transportation service:

Call/text at **519-433-2023**

Web chat at **reachout247.ca**

*typically 16-25 years old

FEEDBACK



Canadian Mental
Health Association
Elgin - Middlesex
Mental health for all

reachout247.ca