



Do you suffer from IBS (Irritable Bowel Syndrome)?

CanaFIBS: dietary intervention for small intestinal bacteria overgrowth (SIBO)

We are looking for IBS patients with diarrhoea. Do you think that certain foods trigger your symptoms? Are you interested in participating in a study looking at dietary management of IBS?

This study will last for 6 months.

The study includes breath testing, blood work, stool and urine collection and access to a nutritionist.

Exclusion criteria:

- Coeliac disease
- Inflammatory bowel disease
- Severe respiratory conditions
- Antibiotics within the last 6 weeks

Please fax to 519-646-6130 or email rharvie2@uwo.ca

For more information contact Ruth Harvie: rharvie2@uwo.ca PhD student and nutritionist

Principal Investigator: Assistant Professor Adam Rahman, Gastroenterologist, St Joseph's Hospital

Supervisors

Dr Jeremy Burton
Microbiologist
Canadian Centre for the Human Microbiome

Dr Kirsten Coppel
Public Health Physician
University of Otago

A/Prof Michael Schultz
Gastroenterologist
University of Otago

IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca	IBS diet study rharvie2@uwo.ca
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